



Pilates Instructor Academy

6709 W 119th St #221 Overland Park, Kansas 66209

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www.pilatesinstructoracademy.com

This document certifies that

Elizabeth R. Moran

Has completed practical coursework for a Comprehensive Pilates Mat Teacher Training, including Mat 101 Fundamental and Beginning Pilates Mat and Mat 102 Intermediate and Advanced Pilates Mat and has demonstrated competency in the ability to lead

Pilates Mat Exercise Classes

To healthy participants of varying skill

Amanda Jessee Siams

Amanda Jessee Siams, MA, NKT3, CSCS, NCPT, ACE- GFI
Owner and Director of Education, Pilates Instructor Academy

August 25, 2021

Date of Completion