

Palm Bay and Sebastian Locations – 2022-2023

(classes subject to change)

Monday			
STUDIO A-Katie/Blake/Elizabeth	STUDIO B – Katie/Amaya	STUDIO C - Elizabeth	SEBASTIAN - Kendal
9:00-9:45 Beg. Tap/Ballet/gym (ages 3-4)E 9:45-10:30 Creative Kids (age 2)E 4:00-4:45 Int. Jazz/Theatre (ages 6-9)B 5:15-6:00 Int. Lyrical/Ballet (ages 6-9)K 6:00-6:45 Int. Lyrical/Jazz (ages 12+)K 6:45-7:15 Int. Tap (12+)K 7:15-7:45 Musical Theatre (12+)K	4:00-5:00 Int.-Adv. Ballet (ages 9-12)K 5:00-6:00 Ballet/Lyrical (ages 9-12)A 6:00-7:00 Tap/Jazz (ages 9-12)A 7:00-7:30 Contemporary (ages 10-teen)A 7:30-8:00 Acro (ages 10-teen) A 8:00-8:30 Hip Hop (13+)A	4:30-5:30 Ballet 1 (invite) 5:30-6:00 Modern 1,2 (invite) 6:00-7:00 Ballet 2 (invite) 7:00-8:00 Ballet 3 (invite) 8:00-8:30 Modern 3 (invite) 8:30-9:00 Pointe (invite)	4:00-4:45 Tap/Ballet/Jazz (5-6) 4:45-5:30 Ballet/Acro (ages 7-9) 5:30-6:00 Musical Theatre (7-9) 6:00-6:30 Hip Hop (ages 7-9) 6:30-7:15 Contemporary (10+) 7:15-8:00 Tap/Jazz/Hip Hop (13+)

Tuesday			
Pineapple Cove – 9-12pm Bayside			
STUDIO A - Elizabeth	STUDIO A - Jessica	STUDIO C – Nicole/Erik	SEBASTIAN - Kendal
3:45-4:30 Creative Kids (ages 2)E 4:30-5:15 Beg. Tap/Ballet/Gym FULL 5:15-5:45 Mini Hip Hop FULL 5:45-6:30 Tap/Ballet/Gym FULL 6:30-7:30 PBT 1,3 (invite) E 7:30-8:30 ADULT DANCE	4:00-4:45 Beg. Ballet (ages 6-9)J 4:45-5:30 Beg. Jazz (ages 6-9) J 5:30-6:00 Acro/dance (ages 6-9)J 6:00-6:45 Tap/Jazz Ballet (ages 7-9)J 6:45-7:30 Lyrical/Improv (ages 9-12)J 7:30-8:15 Ballet/Lyrical (ages 13+)J	5:00-600 Jazz 1 (invite) 6:00-6:30 Conditioning 1,2 (invite) 6:30-7:30 Jazz 2 (invite) 7:30-8:00 Conditioning 3 (invite) 8:00-9:00 Jazz 3 (invite)	4:30-5:15 Ballet (10+) 5:15-6:00 Dance Cond 6:00-6:45 Flex-stretch 6:45-7:30 Musical Th(10)

Wednesday				
Pineapple Cove – Pebblecreek 9-12pm				
STUDIO A - Nicole	STUDIO B – Katie/Amaya	STUDIO C – Brianna	SEBASTIAN	W/MELB - Kendal
4:30-5:15 Tap/Ballet/Gym (ages 5-6)N 5:15-6:00 Adv. Ballet (ages 6-9)N 6:00-6:45 Adv. Tap/Jazz (ages 6-9)N 6:45-7:30 Adv. Ballet (ages 12+) 7:30-8:00 Pointe (ages 12+)N 8:00-8:45 Lyrical/Jazz Tech (ages 12+)N		Competition 4:30-9:00pm	No Classes	4:30-T/B/G(K) 5:15 T/B/J (K)

Thursday				
Pineapple Cove – Northshore 9-12pm				
STUDIO A - Kendal	STUDIO B - Erik	STUDIO C – Katie	SEBASTIAN - Elizabeth	PB/REC
3:45-4:40 Beg. Tap/Ballet/Gym 4:30-5:15 Dance Conditioning (ages 9+)K 5:15-6:00 Flexibility & Strength (ages 9+)K 6:00-6:30 Ballet Technique (ages 9+)K 6:30-7:00 Hip Hop (ages 6-9)K 7:00-7:30 Comp (invite) 7:30-8:00 Int. Hip Hop (ages 10+)K	4:00-6:00 Briana 6:00-6:30 Fusion dance for boysER 6:30-7:00 Tap 1,2 (invite)ER 7:00-7:30 Comp. (invite)ER 7:30-8:00 Hip Hop 2,3 (invite)ER 8:00-8:30 Tap 3 (invite)ER	Competition 4-9pm	3:30-4:00 Creative Kids (ages 2) 4:00-4:45 Tap/Ballet/Gym (ages 3-4) 4:45-5:30 Tap/Ballet/Jazz (ages 7-9) 5:30-6:15 Ballet/Modern/Lyrical (10-12) 6:15-7:00 Tap/Jazz (ages 10-12) 7:00-7:30 Pilates/deep stretch (13+) 7:30-8:00 Ballet (ages 13+) 8:00-8:30 Adult Classes	4:30-T/B/G(N) 5:15-T/B/J (N)

Friday			
Pineapple Cove – New Facility 9-12pm			
STUDIO A - Jessica	STUDIO B - Amaya	STUDIO C	SEBASTIAN
3:30-4:15 Beg. T/B/G/Hip Hop (ages 3-4)J 4:15-5:00 Beg. Acro/Dance (ages 5-6) J 5:00-5:30 Cond/Stretch/Flex (ages 9-12)J 5:30-6:15 Lyrical/Tap/Jazz (ages 9-12)J 6:15-6:45 Beg. Acro/Dance (ages 9-12)J 6:45-7:30 Contemporary (ages 13+)J	5:00-5:30 Improvisation (A) 5:30-6:00 Floor Work(A) 6:00-6:30 COMP GROUPS(A)	No classes	Classes coming soon!

Saturday			
STUDIO A – Elizabeth	STUDIO B – Erik	STUDIO C	SEBASTIAN - Kendal
9:00-9:45 Baby First (ages 1-2) E 9:45-10:30 Creative Kids (ages 2-3) FULL 10:30-11:15 Beg. Tap/Ballet/Gym (ages 3-4)E 11:15 -12:00 Tap/Ballet/Gym 2 (ages 5-6)E 12:00-12:30 Mini Hip Hop 2 (ages 5-6) E	10:00-10:30 Improv (ages 10+) ER 10:30-11:00 Leaps/Turns Tech (ages 10+) ER 11:00-11:45 Contemporary (ages 10+)ER 11:45-12:15 Acro (ages 10+)ER 12:15-12:45 Hip Hop (ages 10+)ER 12:45-1:15 Tap (ages 10+)ER	No Classes	9:30-10:15 T/B/J (ages 3-4) 10:15-11:00 T/B/J (ages 5-6) 11:00-11:30 Hip Hop (ages 5-6)