

# **PALM BAY 2022-2023**

(classes subject to change)

## **MONDAY**

### **Studio A MORNING**

9:00-9:45 Beg. tap/ballet/gym (ages 3-4)

9:45-10:30 Tap/ballet/gym (ages 4-6)

### **STUDIO A-Katie**

4:00-4:45 Int. Jazz (ages 6-9)

4:45-5:15 Musical Thea/tap (ages 6-9)

5:15-6:00 Int. Lyrical/Ballet (ages 6-9)

6:00-6:45 Int. Lyrical/Jazz (ages 12+)

6:45-7:15 Int. Tap (12+)

7:15-7:45 Musical Theatre (12+)

### **STUDIO B-Amaya**

5:00-6:00 Ballet/Lyrical (ages 9-12)

6:00-7:00 Tap/Jazz (ages 9-12)

7:00-7:30 Contemporary (ages 10-teen)

7:30-8:00 Acro (ages 10-teen)

8:00-8:30 Hip Hop (13+)

### **STUDIO C -Elizabeth**

4:00-5:00 Beg. Ballet (invite)

5:00-6:00 Int. Ballet (invite)

6:00-6:30 Beg-int Modern

7:00-8:00 Adv. Ballet (invite)

8:00-8:30 Adv. Modern

8:30-9:00 Pointe

## **TUESDAY**

### **STUDIO A-Elizabeth**

3:45-4:30 Creative Kids (ages 2)

4:30-5:15 Beg. Tap/Ballet/Gym (ages 3-4)

5:15-5:45 Mini Hip Hop (ages 3-5)

5:45-6:30 Tap/Ballet/Gym (ages 5-6)

6:30-7:30 PBT/Pilates (ages 10+)

7:30-8:00 Modern/Stretch (ages 10+)

### **STUDIO B-Jessica**

4:00-4:45 Beg. Ballet (ages 6-9)

4:45-5:30 Beg. Jazz (ages 6-9)

5:30-6:00 Acro/dance (ages 6-9)

6:00-6:45 Tap/Jazz Ballet (ages 7-9)

6:45-7:30 Lyrical/Improv (ages 9-12)

7:30-8:15 Ballet/Lyrical (ages 13+)

### **STUDIO C-Nicole/Erik**

4:00-5:00 Beg. Jazz (invite)

5:00-6:00 Int. Jazz (invite)

6:00-6:30 Conditioning

6:30-7:30 Adv. Jazz (invite)

7:30-8:00 Conditioning

8:00-9:00 Tap Tech(invite)

## **WEDNESDAY**

### **STUDIO A- Nicole**

4:30-5:15 Tap/Ballet/Gym (ages 5-6)

5:15-6:00 Adv. Ballet (ages 6-9)

6:00-6:45 Adv. Tap/Jazz (ages 6-9)

6:45-7:30 Adv. Ballet (ages 12+)

7:30-8:00 Pointe (ages 12+)

8:00-8:45 Lyrical/Jazz Tech (ages 12+)

### **STUDIO B-Katie/Amaya**

Creative Choreography

Improv

Performance for Dance

Floor Work

### **STUDIO C-Briana**

Competition 4:30-9:00pm

(invite only)

## **THURSDAY**

### **STUDIO A-Amanda/Erik**

4:30-5:15 Dance Athletic Conditioning (ages 9+)

5:15-6:00 Flexibility & Strength (ages 9+)

6:00-6:30 Ballet Technique (ages 9+)

6:30-7:00 Hip Hop (ages 6-9)

7:00-7:30 Int. Tap (ages 10+)

7:30-8:00 Int. Hip Hop (ages 10+)

8:00-9:00 Competition Tap (invite only)

### **STUDIO B-Briana/Erik**

Expressive Choreography

All Boys dance Fusion

### **STUDIO C-Katie**

Competition 4-9pm

(invite only)

## **FRIDAY**

### **STUDIO A-Jessica**

3:30-4:15 Beg. Tap/Ballet/Gym/Hip Hop (ages 3-4)

4:15-5:00 Beg. Acro/Dance (ages 5-6)

5:00-5:30 Beg. Conditioning/Stretch/Flex (ages 9-12)

5:30-6:15 Lyrical/Tap/Jazz (ages 9-12)

6:15-6:45 Beg. Acro/Dance (ages 9-12)

6:45-7:30 Contemporary (ages 13+)

### **STUDIO B-Amaya**

5:00-5:30 Improvisation

5:30-6:00 Floor Work

6:00-6:30 COMP GROUPS

### **STUDIO C**

open

## **SATURDAY**

### **STUDIO A-Elizabeth**

9:00-9:45 Baby First (ages 1-2)

9:45-10:30 Creative Kids (ages 2-3)

10:30-11:15 Beg. Tap/Ballet/Gym (ages 3-4)

11:15 -12:00 Tap/Ballet/Gym 2 (ages 5-6)

12:00-12:30 Mini Hip Hop 2 (ages 5-6)

### **STUDIO B**

10:00-10:30 Improv (ages 10+)

10:30-11:00 Turns & Leaps (ages 10+)

11:00-11:45 Contemporary (ages 10+)

11:45-12:15 Acro (ages 10+)

12:15-1:00 Hip Hop (ages 10+)

### **STUDIO C**

open



## **2022-2023 FALL SCHEDULE**

### **SEBASTIAN**

#### **MONDAY-Nicole**

- 4:00-4:30 Creative Kids (ages 2)**
- 4:30-5:15 Tap/Ballet/Jazz (ages 5-6)**
- 6:00-6:45 Hip Hop (ages 7-9)**
- 5:15-6:00 Contemporary/Ballet (ages 13+)**
- 6:00-6:45 Jazz/Tap (ages 13+)**
- 6:45-7:15 Hip Hop (ages 13+)**

#### **TUESDAY -Amanda**

- 4:30-5:15 Ballet Technique (ages 10+)**
- 5:15-6:00 Dance/Athletic Conditioning (ages 10+)**
- 6:00-6:45 Flexibility & Strength (ages 10+)**
- 6:45-7:30 Adult Nutrition & Fitness**

#### **THURSDAY-Elizabeth/Nicole**

- 4:00-4:45 Tap/Ballet/Gym (ages 3-4)**
- 4:45-5:30 Tap/Jazz/Ballet (ages 7-9))**
- 5:30-6:15 Ballet/Lyrical/Modern (ages 10-12)**
- 6:15-7:00 Tap/Jazz (ages 10-12)**
- 7:00-7:30 Pilates/deep stretch (ages 10-12)**
- 7:30-8:00 Adult Classes**

#### **SATURDAY-Nicole**

- 9:30-10:15 Beg. Tap/ballet/Gym (ages 3-4)**
- 10:15-11:00 Tap/Ballet/Gym (ages 5-6)**